EFIM Young Internists Report

Dr. Alberto M. Marra
Italian Society of Internal Medicine (SIMI)
EFIM YI Chair

EFIM General Assembly, Lisbon, 29.08.2019.
The term ‘Young Internist’ refers to doctors in training in Internal Medicine and to doctors in the early years of their senior posts.

All young specialists and trainees who belong to an EFIM member society are members of the Young Internists group. **The criteria for the definition of a Young Internist member with regards to age limit and/or career status are left to respective national societies.**
Young Internists: organization scheme

National Societies affiliated to EFIM

Send representatives

Young Internists Assembly

elected

Young Internists Board
1 Chair
1 Secretary
1 Treasurer
4 Officers
1 past-Chair
Young Internists Assembly

• 27 members
• 3 main officers (Chair, Past-Chair, Secretary)
• 22 countries
• 24 from 31 EFIM Member National Societies

Photo credit – Tuomas Aro
The Young Internists Board

Alberto M. Marra- Italy (Chair)
Caterina Delcea-Romania (Secretary)
Christina Säervall-Sweden (Treasurer)
Tuomas Aro-Finland
Antonio Grillo Novais-Portugal
Eleni Karlafti-Greece
Mark Lander-United Kingdom
Ieva Rûza-Latvia (Past-Chair)
WHAT'S NEW?

EFIM young internists
Hosted on the GoToMeeting platform
Thanks to the account of Italian Society of Internal Medicine
(GIS-Giovani Internisti SIMI)
Burnout and Physical Stress among Physicians

EFIM and Young Internists era in diretta. circa 2 mesi fa - 😊

Webinar #Burnout and Physical Stress among #Physicians with Maria Panagiotou
Introduction by Ieva Ruža

3117 Persone raggiunte
278 Interazioni

16 Condivisioni: 16 Visualizzazioni: 864

Crea relazioni più solide con i clienti rispondendo loro privatamente su
July 9th 2019
Kick-off Teleconference
EFIM-Young Internists-”Young” ACP
EFIM-ACP Kick-off!
9 july 2019

Participants:
EFIM YIs: Alberto (Chair), Ewelina, Christine (Treasurer), Ieva (Past-Chair), Caterina (Secretary)
ACP ECP/RFM: Tiffany (Chair-Elect CECP), John (Chair CRFM)

1. Organization of EFIM-YIs and ACP-Young

2. Common Projects: Burn-out (Webinars/Research)

3. Common Projects: Gender medicine (gender discrepancies in treating diseases, gender differences related to physicians)

Projects and scientific work

• Surveys, publications (EoL)
• 3 Working Groups of EFIM (YI representatives):
  – Professional Issues and Quality of Care
  – Choosing Wisely
  – Gender Medicine (IMAGINE project)
• Promotional work (participations in national meetings, plenary sessions and YI Corner during ECIM, social media)
• Education – ESIM, EASIM, workshops, MIRCIM etc.
YI Workshops during ESIM 2018: 
Winter – Levi (Finland), Summer – Ede (The Netherlands)

ESIM Winter
Caterina Delcea
(Choosing Wisely)

ESIM Summer
Christina Säervall
(Gender Medicine)
Friday 30 August

13:30-14:30h
Parallel session (Young Internists Session)
"LOOKING FOR PHOENIX" – DEALING WITH BURNOUT
Chairs: Vasco Barreto (Portugal) and Frauke Weidanz (United Kingdom)
- The endemic of burnout and how should we respond
  Kristina Glise (Sweden)
- The importance of the work-life balance
  Ewelina Biskup (Switzerland)

17:00-18:00h
Parallel session (Young Internists session)
DRUG MANAGEMENT IN 2050 – A GLIMPSE TO THE FUTURE
Chairs: Matthias Raspe (Germany) and Mine Durusu Tanriover (Turkey)
- State of the art and innovations in drug management for treating
  challenging conditions in Internal Medicine
  Emanuele Durante-Mangoni (Italy) and Ieva Ruža (Latvia)

Saturday 31 August

15:30-16:30h
Closing Lecture (Young Internists session)
Chairs: Christine Savervall (Sweden) and Valentin Kokorin (Russian Federation)
Health care in the social media era
Vasi Radulescu (Romania) and Nicola E. Rüegsegger (Switzerland)
## Young Internists Corner

### Friday 30 August

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<tr>
<th>Time</th>
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<tbody>
<tr>
<td>10:00-10:30h</td>
<td>Coffee break / Poster discussion</td>
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<td>Young Internists Corner</td>
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<td>Make Internal Medicine great again: Bridging the two sides of the ocean</td>
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<td>Robert McLean (USA) and Xavier Corbella (Spain)</td>
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<td>Hidden curriculum: Mentoring the next generation of doctors</td>
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<td>Giancarlo Agnelli (Italy)</td>
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Exhibitors
1A - MIRCIM
2A - American College of Physicians
3A - Czech Society of Internal Medicine
4A - SPMI
5A - WCIM 2020
6A - Internal Medicine Mexico
7A - EFIM
8A - Elsevier
1B - Wisepress
2B - Grünenthal
3B - Novartis
C - Tecnimedc
D - Bayer
EFIM and Young Internists

@YoungInternists

... or ask me!
After 18th European Congress of INTERNAL MEDICINE
29-31 August, 2019
Lisbon Congress Centre
President of EFIM 2019: Luís Cupers, Lisbon, Portugal
EFIM President: Nicola Mastro, Milan, Italy

Innovation in Health Care
New Opportunities for Internal Medicine

EFIM young internists
Sunset
30.08.2019
18.30pm
Rio Maravilha
Lx Factory
EFIM Exchange Program (15 YIs)

Exchange Programme

The European Exchange Programme is going from strength to strength and is very popular and competitive among the Young Internists community. The residential experience is excellent and the participating Centers and Teachers offer a high quality of care and professional issues.

For applications the candidate must fill in online application and submit the requested documents below.

1) Application form: http://www.efim.org/efim-exchange-program-application-form
2) Curriculum vitae
3) Motivation letter for the Exchange
4) Support letter from the National Society

www.efim.org/working-groups/exchange-programme
Facebook Page – EFIM and Young Internists

About Young Internists sessions!
Join us! In this pictures you can find More information about our sessions! We hope to find you there! Come a... Ver Mais
Facebook Group– Young Internists of Europe

Photo credits – Tuomas Aro
Young Internists

@YoungInternists  Ti segue

Young Internists - the European Federation of Internal Medicine (EFIM) trainee and young specialist group.