Application for ESIM winter school in Björkliden Sweden 2021-2022 (2023)

The Swedish Society of Internal Medicine
Venue: Hotel Fjället, Björkliden
Location:
In the very north of Sweden in Lapland at 68.41°N, 18.69°E, 300 km above the arctic circle.
How to get there:

Flights to Stockholm and further to Kiruna, then bus to Björkliden

or

Flights to Oslo and further to Narvik, then bus to Björkliden
Hotel Fjället
Climate in February – Average – 10,7 °C (-30 to +4)

Average snowfall – 190 cm in February

Average snow depth in February – 120 cm at base in town

Daylight 8:20 – 15:30, the scientific program will provide a lengthy break mid-day to allow outdoors activities. Early start/late close

Truly a perfect place for winter school
Organization & Finances

Director        Jan Bergman – Sweden
Co-Director     Ieva Ruza – Latvia
Co-Director     Fredrik von Wowern – Sweden
Co-Director     Kim Fernlund Pettersson – Finland
YI              Christine Säervall – Sweden

Total of 9 years of organizing ESIM Winter School!!!

Focus is on international collaboration and representation in faculty

The Swedish Society of Internal Medicine will cover all expenses not financed by participation fees.
Scientific content:

Case presentations in plenary setting and small groups, focused discussions

Medical ethics, what do we do and why and when should we stop?

Ultrasound – POCUS workshop – Ultrasound guided interventions

NIV – case based discussions, how do we alter the settings to achieve our goals

Leadership – transitioning from resident to specialist – taking medical responsibility further

Shared decision making – patient empowerment

Focused lectures on Toxicology, Cardiology, Endocrinology, Palliative care, Infectious disease, Multimorbidity and many more of the pieces of what Internal Medicine is...

Intention to capture the different cultural, traditional, levels of competence that is present in the group
Social Program:

Team building exercises
Gala dinner
Skiing
Fishing
Snowmobiling
Husky-ride
Aurora Borealis
Testing Surströmming
And just having fun and making friends!!!
Thank you Riga and Levi for inspiration &
SEE YOU ALL IN BJÖRKLIDEN FEBRUARY 2021!!!