Selection of Venue for the ESIM 2021 / 2023 Winter School

FADOI is one of the 2 Italian Societies; 2400 members, mainly hospitalists.
We work together with the Italian society of Internal Medicine that has a more pronounced Universities component

Rovereto (TN)
24 January 2021 – 30 January 2021
ROVERETO - ITALY

ESIM 2021 / 2023
Winter School
By AIR to
VERONA airport: >bus shuttle to railway st: 15’
MILANO ORIO AL SERIO (Ryan Air HUB) >bus to Milano Raylway St >train to Verona (1h and 15’).

By TRAIN or Car: to VERONA from Austria (Innsbruck-Munchen), MILANO, VENEZIA

From VERONA Raylway station to Rovereto by train: 40’. Just in front of the Hotel
Registration fee: € 995,00 (current VAT included)

50 trainees

Registration fee includes:
- Lecture facilities for 5 days and teaching material
- Accommodation in double room for 6 nights
- Meals during scientific activities (coffee breaks, lunch)
- Dinners (4 Dinners in typical restaurants affiliated with Winter School, 1 Dinner in «Baita» and 1 Social Dinner with typical show in Castel Pietra /Typical restaurant Casa del Vino Vallagarina)

Social program:
- Snowshoeing Passo Coe with typical dinner in «baita»
- Skiing in the ski resort Altopiano di Brentonico – Polsa/San Valentino
- MART guided tour

Tourist Green Card:
• Discounts on museums and tourist attractions
• Reduced rates on the public transports of the territory, including trains
• Taste typical products in the stores of the best producers and have a 10% discount on your purchase
**Arrival:** Sunday, 24th January  
**Departure:** Saturday, 30th January  
**Course dates:** Monday, 25 January, 2019 – 8.30 to Friday, 29 January, 2019 - 17:00  
**Event Type:** Schools

**Director:** Antonio Luca Brucato  
Associate Professor of Internal Medicine University of Milano  
Chief of the unit of Internal Medicine Fatebenefratelli Hospital, Milano  
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**Co-Director:**  
Kim Pettersson-Fernholm Director - ESIM Winter School in Levi (Finland)  
Alberto Marra EFIM Young Internist Chairman alberto_marra@hotmail.it  
Flavio Tangianu (FADOI GIOVANI- Luino -Varese)  
Lorenza Lenzi (FADOI Rovereto-Trento) email: lorenza.lenzi@apss.tn.it  
Phone +39 3463618971

**Venue:**  
Rovereto - Trentino- Italy  
• Hotel Leon d’Oro  
• Hospital for lectures and lunch

**Administrative support:** PLANNING CONGRESSI  
Raffaella Dapreda email: r.dapreda@planning.it  
Phone +39 051300100

detailed **Budget:** (attached file)
# BUDGET

Total: 42.298 Euros (VAT must be added)

<table>
<thead>
<tr>
<th>Summary of cost</th>
<th>Cost</th>
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<tbody>
<tr>
<td>Congress Venue</td>
<td>€ 0,00</td>
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<tr>
<td>A/V Equipment and Services</td>
<td>€ 2.350,00</td>
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<tr>
<td>Hotel Accommodation</td>
<td>€ 13.290,00</td>
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<tr>
<td>Food and Beverage Services</td>
<td>€ 16.500,00</td>
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<tr>
<td>Congress Personnel</td>
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<td>Transfer services</td>
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<td>Congress Kit</td>
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<td>Miscellaneous services</td>
<td>€ 850,00</td>
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<td>Agency Fee</td>
<td>€ 200,00</td>
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<td><strong>Total costs</strong></td>
<td><strong>€ 37.650,00</strong></td>
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To that amount current VAT must be added

<table>
<thead>
<tr>
<th>Summary of cost</th>
<th>Cost</th>
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<tbody>
<tr>
<td>Hotel Accommodation</td>
<td>€ 2.494,80</td>
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<tr>
<td>Food and Beverage Services</td>
<td>€ 1.980,00</td>
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<tr>
<td>Congress Kit</td>
<td>€ 30,00</td>
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<tr>
<td>Miscellaneous services</td>
<td>€ 144,00</td>
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<tr>
<td><strong>Total costs</strong></td>
<td><strong>€ 4.648,80</strong></td>
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To that amount current VAT must be added
Located between Trento and Verona, in the DOLOMITI Mountains that will host the Olympic games in 2026, Rovereto is a city of winter sports, festivals and museums. We recommend you to explore the city on foot, getting lost in the streets of the historical center and feeling part of a journey through different time periods:

- the Middle Ages in the walls of Castelbarco
- the influence of the Republic of Venice in the home of the Podestà
- the Eighteenth Century palaces in Corso Bettini
- the evidences of the First World War in the rooms of the castle

Walking through the city streets, you will meet the most important and prestigious Eighteenth century palaces such as the Accademia degli Agiati, Teatro Zandonai and the city library in Annona Palace.

Many renowned guests have visited Rovereto in the past; perhaps the most famous is Wolfgang Amadeus Mozart, who held his first concert in Italy in San Marco Church.

In Rovereto you can also visit different art, history and science museums such as Mart, Depero’s House of Futurist Art, the Italian War Museum and the City Museum Foundation.

Rovereto is also known as the City of Peace, as evidenced by the large memorial bell named Campana dei Caduti. Created with the melted bronze of the cannons of the countries that took part in WWI, each evening its 100 tolls spread a universal message of peace. In the surroundings, it is located another memorial monument, Castel Dante, that hosts the remains of more than 20,000 soldiers.
Lecture facilities: Hospital Santa Maria del Carmine - Rovereto

- **1.3 km far from the Hotel Leon d’Oro.** A very nice walk in the historical center of Rovereto will lead you to the hospital.
- The hospital has an auditorium and also some other rooms for group works **FREE OF CHARGE**
- Educational session can be provided at bedside in Internal Medicine Unit and other Units.
Accommodation: Hotel Leon d’Oro Rovereto

An historical hotel in the heart of Rovereto. A pleasant, intimate atmosphere. Tourists who are exploring Rovereto and the Adige valley appreciate this central, yet quiet location away from traffic, view of the surrounding mountains, the greenery in garden.
Social program

Snowshoeing Passo Coe (Folgaria)
Snowshoeing to facilitate early reciprocal interaction among trainees

• Start at 13:00 with a transfer to Passo Coe
• Meeting with teachers and delivery of the equipment
• Snowshoeing
• Dinner in «Baita»
• Coming back at 21:00 (transfer to the Hotel)
Social program

Skiing
Altopiano di Brentonico – Polsa/San Valentino

• Start at 8:00 with a transfer to Altopiano di Brentonico – Polsa/San Valentino
• Free Skiing
• Coming back at 12:00 (transfer to the Hotel)
the Mart operates through three separate sites: the museum’s main campus in Rovereto, an extensive architectural complex designed by Mario Botta and Giulio Andreolli and inaugurated in 2002; the Casa d’Arte Futurista Depero, also in Rovereto; and the Galleria of Trento. Born as a contemporary agora, its public spaces provide a forum for dialogue with the Civic Library, the Melotti Auditorium, the Zandonai Theatre, and the campus of the University of Trento.
Social Dinner in “Pietra” castle

A medieval corner of the twelfth century where time has really stopped.
Castel Pietra is 5/6 km by bus from the Hotel
Mountain choir show at live music during dinner time
This is a preliminary program that will be discussed with EFIM and EFIM Young Internists. A proposal is to dedicate each day to a different organ or system (heart, lung, liver, kidney, immune system, brain etc. etc)

**Topics: Five days for the internist**
Each day 2 main lectures, plus clinical case discussion and workshop.
Educational session can be provided at bedside in the Units of the hospital (e.g ECHO, NIV, etc.)

**Day 1 Internist and the laboratory:**
• Appropriateness: e.g. procalcitonin, pro BNP, D- dimer, Vitamin D
• Immunological and rheumatological tests (ANA, ENA, anti DNA, ANCA, anti-cardiolipin, anti-beta2 glicoprotein, LAC, C3, C4, anti –mithoccondrial, anti- smooth muscle, anti-LKM, crioglobulins, rare antibodies). Clinical case

**Afternoon** Snowshoeing, to facilitate early reciprocal interaction among trainees

**Day 2 Internist and the kidney (or the brain)**
Physiology
…..clinical case
Day 3 Internist and the Heart:
• Physiology of the heart
• Acute and chronic heart failure and disease management
• Pericarditis and myocarditis

Day 4 Internist and the nutrition:
• Deficiency of B12, B1, folate, iron
• Refeeding syndrome

OR in ALTERNATIVE Internist and the Lung:
• Physiology of the lung
• Non invasive ventilation

Day 5 Internist and the internist; communication skills; question 1->5
Young trainees probably need some training in communication skills
• Communications among physicians
• Communications with nurses
• Communication at the end of the life
• Communication with the relatives and caregivers
• Communication during the word round
# Course program (provisional)

<table>
<thead>
<tr>
<th>Sunday</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
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</thead>
<tbody>
<tr>
<td>24.1.2021</td>
<td>Internist and laboratory</td>
<td>Internist and laboratory</td>
<td>Internist and heart</td>
<td>Internist and nutrition</td>
<td>Internist and internist</td>
<td>30.1.2021</td>
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<tr>
<td><strong>Welcome! Residents arrive today</strong></td>
<td>7.30-8.00 Breakfast</td>
<td>7.30-8.00 Breakfast</td>
<td>7.30-8.00 Breakfast</td>
<td>7.30-8.00 Breakfast</td>
<td>7.30-8.00 Breakfast</td>
<td>Residents depart in the morning</td>
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<tr>
<td></td>
<td>9.00-1100 2 Lecture</td>
<td>9.30-1230 Clinical cases</td>
<td>9.30-12.30 -Acute and chronic heart failure</td>
<td>9.30-12.30 -Clinical cases</td>
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<td></td>
<td>12.30-13.30 Lunch</td>
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<td></td>
<td>Clinical case</td>
<td>Question 1→5 Workshop</td>
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<tr>
<td></td>
<td>13.30-17.00 Social program Snowshoeing together</td>
<td>13.30-1700 Lecture</td>
<td>13.30-17.30 Workshop: Pericarditis Clinical case presentation</td>
<td>15.30- 17.30 Lecture</td>
<td>17.00 Post test Conclusion</td>
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<tr>
<td></td>
<td>20.00 Buffet Free time</td>
<td>20.00 Buffet</td>
<td>20.00 Buffet</td>
<td>20.00 Buffet</td>
<td><strong>20.00 Gala Dinner</strong></td>
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MILAN-CORTINA AWARDED THE OLYMPIC WINTER GAMES 2026

MILAN-CORTINA, ITALY, WILL HOST THE OLYMPIC WINTER GAMES 2026. THE DECISION WAS TAKEN TODAY DURING THE 134TH SESSION OF THE INTERNATIONAL OLYMPIC COMMITTEE (IOC) IN LAUSANNE, SWITZERLAND. THE OTHER CANDIDATE IN THE BALLOT WAS STOCKHOLM-ÅRE, SWEDEN.
WELCOME IN ITALY!