Suomen Sisätautilääkärien Yhdistys r.y.
Förening för Invärtes Medicin i Finland r.f.
Finnish Society of Internal Medicine

ESIM Winter School
Levi, Lapland, Finland
January 21-25 2019

Report for the General Assembly
Lisbon 29.8.2019
Kittilä

Kittilä in Januari

Location
Venue: Levi, Hotel Crazy Reindeer
Teaching facilities
ESIM WS 2019 Levi – arctic facts

1. 51 residents from 21 countries
2. 18 speakers from 10 countries
3. 22 case reports in 4 sessions
4. 15 lectures
5. 4 workshops
6. 2 clinico-pathological conferences
7. 1 pre-test and 1 post-test evaluation
8. 6 breakfasts, 10 coffee breaks
9. 5 lunches before midday spare time
10. 5 days with at least 3 hours of spare time during light hours
11. 6 dinners including 1 get-together party, 1 gala dinner
12. 1 faculty dinner
13. 1 husky safari session in 2 groups
14. 1 cross-country-school-afternoon, 1 broken bone
15. 1 piano-recital: ”Sibelius 5 Trees Op 75” and ”Aurora Borealis improvisation for Shirley”
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>7:30-8:00</td>
<td>Breakfast</td>
<td>Breakfast</td>
<td>7:30-8:00</td>
<td>Breakfast</td>
<td>Breakfast</td>
<td>Breakfast</td>
<td>Breakfast</td>
</tr>
<tr>
<td>8:00-8:45</td>
<td>Welcome, Pre-test, Introduction</td>
<td>Lecture 5</td>
<td>Lecture 8</td>
<td>Lecture 10</td>
<td>Lecture 13</td>
<td>Lecture 13</td>
<td>Lecture 13</td>
</tr>
<tr>
<td>8:45-9:05</td>
<td>Lecture 1</td>
<td>X. Corbella</td>
<td>&quot;Heart Failure&quot;</td>
<td>Lecture 6</td>
<td>A. Burbridge</td>
<td>Another cough</td>
<td>Lecture 6</td>
</tr>
<tr>
<td>9:05-10:00</td>
<td>Lecture 6</td>
<td>&quot;Glob disease&quot;</td>
<td>Lecture 6</td>
<td>&quot;Glob disease&quot;</td>
<td>Lecture 6</td>
<td>&quot;Glob disease&quot;</td>
<td>Lecture 6</td>
</tr>
<tr>
<td>10:00-10:45</td>
<td>Lecture 2</td>
<td>M. Parry &quot;Poisoning&quot;</td>
<td>Lecture 8</td>
<td>&quot;Diagnosis&quot;</td>
<td>Lecture 8</td>
<td>&quot;Diagnosis&quot;</td>
<td>Lecture 8</td>
</tr>
<tr>
<td>11:00-12:30</td>
<td>Welcome</td>
<td>Workshop 1</td>
<td>V. Kokorin</td>
<td>&quot;DNA&quot;</td>
<td>Workshop 2</td>
<td>A. Burridge</td>
<td>&quot;City Tales&quot;</td>
</tr>
<tr>
<td>12:30-13:30</td>
<td>Lunch and free time</td>
<td>Lunch and free time</td>
<td>12:30-13:00</td>
<td>Lunch and free time</td>
<td>12:30-13:00</td>
<td>Lunch and free time</td>
<td>Lunch and free time</td>
</tr>
<tr>
<td>14:15-15:00</td>
<td>Lunch and free time</td>
<td>Lunch and free time</td>
<td>14:15-15:00</td>
<td>Lunch and free time</td>
<td>14:15-15:00</td>
<td>Lunch and free time</td>
<td>Lunch and free time</td>
</tr>
<tr>
<td>15:30-16:15</td>
<td>Lecture 3</td>
<td>V. Kokorin</td>
<td>&quot;Anticoagulation&quot;</td>
<td>Lecture 9</td>
<td>J. Rube</td>
<td>&quot;Endocrine Metabolism&quot;</td>
<td>Lecture 3</td>
</tr>
<tr>
<td>16:15-17:00</td>
<td>Lecture 4</td>
<td>A. Kasule</td>
<td>&quot;Pith Rasch&quot;</td>
<td>Lecture 9</td>
<td>J. Rube</td>
<td>&quot;Endocrine Metabolism&quot;</td>
<td>Lecture 4</td>
</tr>
<tr>
<td>17:00-17:30</td>
<td>Coffee break</td>
<td>Coffee break</td>
<td>16:00-16:30</td>
<td>Coffee break</td>
<td>16:00-16:30</td>
<td>Coffee break</td>
<td>Coffee break</td>
</tr>
<tr>
<td>17:30-18:45</td>
<td>Clinical case present</td>
<td>1-5</td>
<td>F. Wadman</td>
<td>&quot;J牠llite&quot;</td>
<td>17:30-18:45</td>
<td>Clinical case present</td>
<td>6-11</td>
</tr>
<tr>
<td>18:15-20:45</td>
<td>Buffet Hulul Poro</td>
<td>19:00-20:30</td>
<td>Dinner Levattu Ma</td>
<td>18:15-20:45</td>
<td>Buffet Hulul Poro</td>
<td>18:45-20:00</td>
<td>Gala dinner Hulul Poro</td>
</tr>
<tr>
<td>20:30-21:00</td>
<td>Free time</td>
<td>20:30</td>
<td>Sleep well</td>
<td>20:00</td>
<td>Free time</td>
<td>Sleep well</td>
<td>Sleep well</td>
</tr>
<tr>
<td>21:30-22:00</td>
<td>Free time</td>
<td>21:30</td>
<td>Sleep well</td>
<td>21:30</td>
<td>Free time</td>
<td>Sleep well</td>
<td>Sleep well</td>
</tr>
</tbody>
</table>
Residents and Faculty members
Hard Studying
Visiting the Ice Castle
Faculty Dinner Drinks
Aurora Borealis (northern lights)
Total Lunar Eclipse
Cross country skiing school
Downhill skiing
Where do you come from?
Call of the Wild
Towards the Wilderness
Karaoke
ESIM Winter School
Lapland, Finland
January 20-24 2020

Invitation to all EFIM-countries!
Venue: Levi Hotelli Hullu Poro
ESIM Winter School in 2020

1. The same core schedule
2. The same social activities
3. More international lecturers
4. We will allow 52 residents
5. Even better Aurora Borelis
Administration

**Director:**
Dr. Kim Pettersson-Fernholm, PhD, Finnish Society of Internal Medicine

**Co-directors and administrators:**
Dr. Tuomas Aro, MD, Finnish Society of Internal Medicine
Dr. Mikko Parry, MD, PhD, Finnish Society of Internal Medicine

**Co-directors:**
Professor Risto Kaaja, MD, PhD, Past President of the Finnish Society of Internal Medicine
Dr. Ieva Ruza, MD, Latvian Society of Internists, Director for ESIM in Riga 2015-17
Dr. Shirley Rigby, BSc, MBBS, FRCP, MD, MMedEd, Royal College of Physicians, UK
Dr. Marit Granér, MD, PhD, Finnish Society of Internal Medicine
Dear Santa,
Please send us 52 smart students!
Best regards, Kim

Dear Kim,
Yes, I’ll try, but it’s hard to outshine those from 2019. Rudolph thought the ladies were especially cute last year...
Best regards, Santa
Welcome to Levi 20-24.1 2020!

Photo: Tuomas Aro